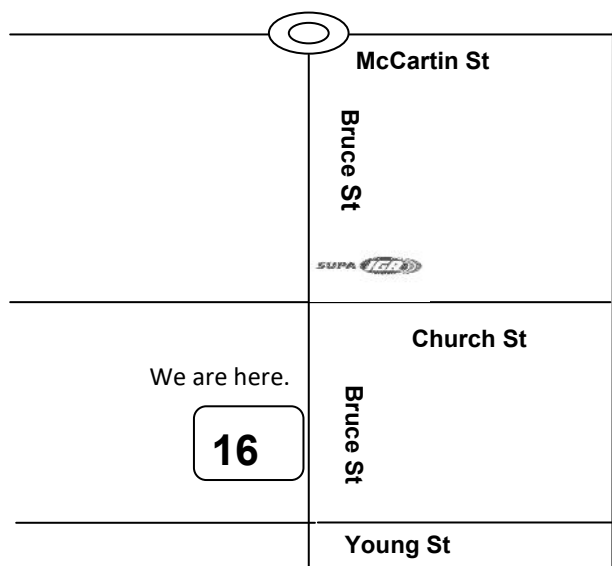


# where to find us



16 Bruce Street, Leongatha 3953

Office Hours: Mon - Fri, 9:00 am - 3:30 pm

**Email:** [office@leongathacommunityhouse.org.au](mailto:office@leongathacommunityhouse.org.au)

**Website:** [www.leongathacommunityhouse.org.au](http://www.leongathacommunityhouse.org.au)

**Facebook:** [www.facebook.com/leongathach/](http://www.facebook.com/leongathach/)

Registered No A1136 L

ABN: 48 180 414 316



5662 3962



# LEONGATHA COMMUNITY HOUSE Inc.



## Courses and Activities

Quarter 1, 2019

7 January - 31 March

excluding public holidays



### From the Coordinator

By the time you read this, the holiday season will be over, school holidays will be in full swing, and we'll be thinking about goals and plans for the new year.

Here at the Community House, we'll continue to bring you a program of activities to entertain, teach, and connect. We're also looking to take advantage of the longer daylight hours of summer to investigate some extra activities that will be promoted on our Facebook page and website.

Please take a moment to like our Facebook page so that you will get all the updates and news from the House.

The following ideas have been put to us by people who work during the day; I'd really appreciate comments and feedback about them.

- Night Owls Craft Group - for those who can't get to day-time groups
- Homework Club - after-school once or twice a week
- Audio-Book Club - give and receive recommendations
- Cooking in Bulk/Share a meal - to make work-nights easier

Space here doesn't really allow a lot of explanation, so if you'd like more information about any of the ideas, or if you'd like to offer something else, definitely give me a call. I'd love to hear from you.

Eunice Donovan  
Coordinator

# program information

## PAYMENTS AND REFUNDS

1. Fees may be paid by cash, cheque or direct debit. Direct Debit details are **Bendigo Bank BSB: 633-000 Account: 107 338 337**. Please include your name and course name in the reference section.
2. Fees include GST and are to be paid 1 week prior to commencement of class.
3. Payment plans are available for all classes; please speak with the co-ordinator when booking.
4. A full refund will be given if a class is cancelled by the Leongatha Community House.
5. If a student withdraws more than 5 working days prior to a class commencing, a refund will be given. An administration fee may be charged.
6. No refund will be given if a student withdraws less than 4 working days before a class commences.
7. No refund will be given if a student withdraws from a class once it has commenced.

## Wanted - Tutors

***Do you have a skill you would like to share as a volunteer tutor or as a paid sessional tutor?***

Give us a call, or drop in to the office, to talk about running a course or workshop.

# user groups

We are proud to be the chosen "home" for the following groups that meet at the Community House. Additional or new groups are always welcome.

Please note: the Community House does not run these groups; if you want to participate in any of them, we do have contact details.

**Fibre Group** meets on the 4th Sunday at 10:30am

**Leongatha AI-Anon** meets weekly on Mondays at 4.00pm

**Leongatha Arts & Crafts Society** meets on the 4th Thursday at 10:00am.

**Leongatha Horticultural Society** meets on the 2nd Thursday at 4:00pm.

**Leongatha Stamp Club** meets on the 4th Monday at 1.00pm

**South Gippsland Walking and Adventure Club** meets on the 4th Thursday of every 2nd month at 8:00pm.

**T.O.P.I.C (Take Off Pounds In Company)** meets weekly on Thursdays at 12:30pm

**Woorayl Probus Knit & Natter** meets on the 3rd Monday at 10:00am

**Woorayl CERC** meets on the 3rd Monday of every second month at 10.00am



Leongatha Community House is proud to be a drop-off point for donations to **Gippsland Farmer Relief**.

All donations of non-perishable foodstuffs, hygiene products, and/or cleaning products are gratefully accepted.

# general information

## ROOM HIRE

Rooms are available for hire day or evening. Community (not-for-profits) or business rates apply.

Seven (7) days cancellation notice for a room booking is required for a refund.

To book a room please contact the House on 5662 3962 or drop in to 16 Bruce Street.

## OTHER SERVICES

Photocopying, laminating services, and public access to computers, internet and Wi-Fi are all available for small fees.

To use these services please contact the House on 56623962 or drop in to 16 Bruce Street to make a booking.



Leongatha Community House receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.

Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

To find out more, please call or drop in to the House during open hours.

# arts and crafts

Details	Dates	Cost
<p><b><u>Knitting &amp; Crochet Group</u></b></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project, and enjoy a great Sunday.</p>	<p>1<sup>st</sup> Sunday of every month (except January)</p> <p>10:30am – 3:00pm</p>	Gold coin
<p><b><u>Drawing &amp; Painting Group</u></b> (Pat Dale)</p> <p>Do you try to draw or paint at home, but never find the time? Join a friendly group of like-minded people who create paintings or drawings and benefit from the exchange of techniques and ideas.</p> <p><b>BYO paints and equipment</b></p>	<p>Tuesday every week (from 5 February)</p> <p>10:00am – 12:00pm</p>	Gold coin
<p><b><u>Sewing &amp; Patchworking Group</u></b></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome!</p> <p>Machines and supplies available for beginners.</p>	<p>Tuesday every week (from 5 February)</p> <p>1.00pm - 4.00pm</p>	Gold coin
<p><b><u>Craft in Company</u></b></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursday every week (from 10 January)</p> <p>10:00am – 12:00noon</p>	Gold coin
<p><b><u>Acrylic Painting for Beginners and Beyond</u></b> (Paul Hendry)</p> <p>Want to try your hand at painting with acrylics? Perhaps you just want some extra tips? Discover the fun of painting with acrylics in our friendly group.</p>	<p>Friday every week (from 11 January)</p> <p>10:00am – 12:00noon</p>	\$5

# arts and crafts

Details	Dates	Cost
<p><b><u>Mosaics for Beginners</u></b> (Susanne Naudi)</p> <p>Learn how to cut and place tiles, and come away with a completed project. Some materials and all equipment provided.</p> <p><b>Bookings Essential: only 4 places available</b></p>	<p>Wednesday</p> <p>20 March</p> <p>10.00am – 3:00pm</p>	\$66
<p><b><u>Acrylic Pouring</u></b> (Steve Reader)</p> <p>Welcome to the fun, rewarding world of acrylic pouring! Join Steve and start making your own stunning, abstract, and colourful art, full of cells and character.</p> <p><b>All supplies provided.</b></p> <p><b>Bookings essential; only 5 places available</b></p>	<p>Saturday</p> <p>16 and 23 February</p> <p>9.00am - 12.00noon</p>	Gold coin
<p><b><u>Akoya-Pearl Jewellery-Making</u></b> (Donna Atkins)</p> <p>Create your own sterling-silver jewellery with beautiful coloured Akoya pearls, under Donna's expert tuition. You'll take home 3 pieces of jewellery - choose from rings, bracelets, ear-rings - all uniquely crafted by you.</p> <p><b>All supplies provided; byo lunch.</b></p> <p><b>Bookings essential; only 8 places available</b></p>	<p>Friday</p> <p>29 March</p> <p>10.00am - 3.00pm</p>	\$33
<p><b><u>Calligraphy: Foundational Script</u></b> (Jennifer Chitty)</p> <p>Learn the foundational script of the beautiful art of calligraphy. Participants need to bring basic stationary supplies (list provided at time of booking) with specialist calligraphy materials provided by tutor.</p> <p><b>Bookings essential; only 6 places available.</b></p>	<p>Thursday</p> <p>28 February</p> <p>1.00pm - 4.30pm</p>	\$25

# legal and life matters

Details	Dates	Cost
<p><b><u>Legal Information Sessions</u></b></p> <p>This series of free information sessions is made possible by the generous support of local solicitors.</p> <p><b>Bookings essential</b></p>	<p>2nd Tuesday of every month (from 12 February)</p> <p>9:30am - 10.30am</p>	FREE
<p><b><u>Discovering Democracy: being an active citizen</u></b></p> <p>In this workshop, facilitated by the Victorian Electoral Commission, you'll learn about the principles of democracy, the levels of government, and how to get your voice heard by decision-makers.</p> <p><b>Bookings essential</b></p>	<p>Friday</p> <p>5 April</p> <p>11.00am - 2.30pm</p>	FREE
<p><b><u>Understanding your energy usage</u></b></p> <p>Feeling confused by your energy bills? Wondering how to keep your energy costs down? Learn how to do your own Home Energy Audit to work out exactly where you're using energy.</p>	<p>Tuesday</p> <p>5 March</p> <p>10.30am - 12.00noon</p>	FREE
<p><b><u>Auslan for Beginners</u></b> (Peter Adams)</p> <p>Auslan is the sign language of the Australian Deaf community. Join Peter in this fun and practical 10-week course to learn basic conversational signing.</p>	<p>Mondays</p> <p>5 February - 8 April</p> <p>7.00pm - 8.30pm</p>	\$180 (\$160 conc.)
<p><b><u>RACV Years Ahead - Personal and Home Safety</u></b></p> <p>This presentation by RACV Safety Ambassador covers information and tips to keep yourself, your vehicles, and your home safe.</p>	<p>Wednesday</p> <p>27 February</p> <p>10.30am - 12.00noon</p>	FREE
<p><b><u>People affected by another's gambling</u></b></p> <p>Are you a person whose life is affected by the gambling habits of another person? Are you looking for support in relation to all the challenges you deal with? We're looking for people who might be interested in attending a regular support group. Please call us for more information.</p>	<p>Expressions of Interest</p>	FREE

# just for fun

Details	Dates	Cost
<p><b>Coffee Club</b></p> <p>End your month well with good company, gentle conversation, and a hot cuppa. What could be better?</p>	<p>4th Monday of every month (except January)</p> <p>10.00am - 12.00noon</p>	FREE
<p><b>Movie Appreciation</b></p> <p>Enjoy a group outing to a movie at the Stadium4 Cinema, then stay for a cuppa at the RSL Bistro, and share your thoughts about the movie.</p>	<p>Friday</p> <p>29 March</p> <p>Contact for exact time</p>	Movie and meal at your own cost
<p><b>LCH Friendship Group</b></p> <p>Are you looking for a way to meet new people? Tired of going to events on your own? Join our Friendship Group and meet new people who just might share your interests.</p> <p><b>Contact Community House for full details; bookings essential</b></p>	<p>1st Friday of every month (except January)</p> <p>6.00pm</p> <p>Venue changes monthly</p>	At own discretion

# newcomer's afternoon tea

Wednesday 6 February  
2.00pm - 3.30pm  
FREE

New to Leongatha? WELCOME! Come and share a cuppa with us, and let us tell you more about this beautiful area you now call "home". Grab a free information kit and chat with some locals. We'd love to meet you!



# computers & technology

Details	Dates	Cost
<p><b>Be Safe: Protect yourself online</b></p> <p>Join us for a series of presentations from Consumer Affairs Victoria, Victoria Police, and others, and learn how to protect yourself online.</p>	To be confirmed - please contact the office for details	FREE
<p><b>Be Connected: digital literacy mentoring for over-50's</b></p> <p>This program allows mentors to work face-to-face with older people, either individually or in small groups, to help them get online with confidence. If you would like to take part in the program - either as a mentor or a learner - please contact the office.</p>		FREE

# health

Details	Dates	Cost
<p><b>Tai Chi for Health</b> (Tania Bird)</p> <p>Experience for yourself the life-changing benefits of Tai Chi! This program is <u>safe, effective and easy to learn</u>, and suitable for men and women of all ages.</p> <p>Wear loose clothing and flat shoes.</p> <p><b>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</b></p>	<p>Tuesday every week (from 5 February)</p> <p>Beginners: 9.45am - 10.30am</p> <p>Advanced: 10.45am - 11.30am</p>	\$5 per session
<p><b>Circle Dancing</b> (Tania Bird)</p> <p>Learn a variety of international folk dances, all danced in a circle, and join with others to enjoy a refreshing lunchtime energy boost, and a lot of fun!</p> <p>No previous dance experience needed.</p> <p><b>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</b></p>	<p>Tuesday every week (from 5 February)</p> <p>11.45am - 12.30pm</p>	\$5 per session

# health

Details	Dates	Cost
<p><b><u>50+ Yoga</u></b> (Annabelle van Tongeren)</p> <p>A gentle one-hour class encouraging strength, balance and relaxation. Suitable for all levels.</p> <p><b>Call Annebelle on 0419 580 864 for bookings.</b></p>	<p>Monday every week (from 14 January)</p> <p>9.30am - 10.30am</p>	<p>\$15</p> <p>\$12 conc</p>
<p><b><u>Hatha Yoga</u></b> (Pat Warburton)</p> <p>Gentle "body and soul" stretching and relaxation for all ages.</p> <p><b>BYO: mat, rug, and cushion or pillow</b></p> <p><b>Bookings essential</b></p>	<p>Wednesday every week (from 30 January)</p> <p>Intermediate: 10.30am - 11.30am</p> <p>Beginners: 1.45pm - 2.45pm</p>	<p>Gold coin</p>
<p><b><u>Ashtanga Yoga</u></b> (Carolyn Clarke)</p> <p>A more physically challenging yoga practice that still caters for both beginners AND students with experience. Students gradually learn a set sequence of postures with lots of individual attention given.</p> <p><b>Contact Carolyn directly on 5663 7923 for more details &amp; bookings. Bookings essential.</b></p>	<p>Wednesday (from 6 February)</p> <p>9.30am - 11.00am</p> <p>(Runs in blocks of approx. 7/8 weeks.)</p>	<p>\$25</p> <p>(whole block to be paid in advance)</p>
<p><b><u>Wednesday Walkers</u></b></p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town. Leave from the Community House.</p>	<p>Wednesday every week (from 6 February)</p> <p>9:30am</p>	<p>FREE</p>
<p><b><u>WonderWomen Support Group</u></b></p> <p>Peer support for women survivors of family violence. Recognise the strength within, and embrace your inner "wonder woman".</p> <p>The group is supported by an experienced family violence counsellor.</p>	<p>Thursday every week (except 4th Thursday of the month)</p> <p>(from 7 February)</p> <p>10.00am - 12.00noon</p>	<p>Gold coin</p>
<p><b><u>Coeliac Support Group</u></b></p> <p>Do you live with coeliac disease? Join this local group for support, information, education, and discussion to help overcome the challenges that this disease presents.</p>	<p>Quarterly</p> <p>21 March</p> <p>2.00pm - 4.00pm</p>	<p>Gold coin</p>

# hobbies and skills

Details	Dates	Cost
<p><b><u>LCH Solo Card Group</u></b></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday AND Friday every week (from 7 January)</p> <p>1:00pm – 4.30pm</p>	<p>Gold coin</p>
<p><b><u>LCH Photography Group</u></b></p> <p>Do you own a DSLR camera and have an interest in photography? Do you want to learn all aspects of photography? Do you have photography knowledge you could share with beginners?</p> <p>Come along to our monthly meetings to share in all things photography!</p>	<p>3rd Tuesday of every month</p> <p>7.00pm - 9.00pm</p>	<p>Gold coin</p>
<p><b><u>DSLR Cameras for Beginners</u></b> (Roy Fisher)</p> <p>Learn more about your Digital SLR camera from a former professional photographer in a fun and relaxing class.</p> <p><b>BYO Camera</b></p>	<p>Tuesday for 6 weeks</p> <p>26 February - 9 April (excludes 19 March)</p> <p>7.00pm - 9.00pm</p>	<p>\$90</p>
<p><b><u>LCH 500 Card Group</u></b></p> <p>Whether you're new to the game, or you've played before, come along and enjoy the intricacies of 500.</p>	<p>Friday every week (from 11 January)</p> <p>9.30am - 12:00pm</p>	<p>Gold coin</p>
<p><b><u>Family History: Getting started</u></b> (Eunice Donovan)</p> <p>This 2-part workshop will guide you through the steps to carry out meaningful family history research. Further sessions may follow depending on interest.</p>	<p>Wednesdays</p> <p>20 &amp; 27 March</p> <p>4.00pm - 5.30pm</p>	<p>\$15</p>