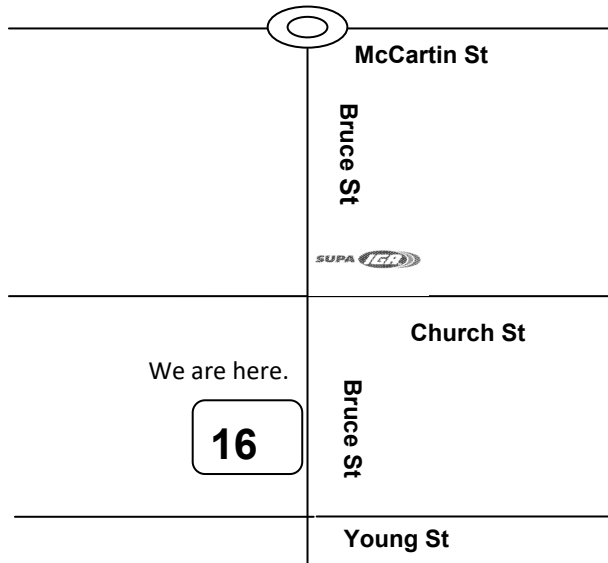


# where to find us



16 Bruce Street, Leongatha 3953

Office Hours: Mon - Fri, 9:00 am - 3:30 pm

**Email:** [office@leongathacommunityhouse.org.au](mailto:office@leongathacommunityhouse.org.au)

**Website:** [www.leongathacommunityhouse.org.au](http://www.leongathacommunityhouse.org.au)

**Facebook:** [www.facebook.com/leongathach/](http://www.facebook.com/leongathach/)

Registered No A1136 L

ABN: 48 180 414 316



5662 3962



# LEONGATHA COMMUNITY HOUSE Inc.



## Courses and Activities

Quarter 2, 2017



## Make a difference by volunteering at Leongatha Community House

Hello! I'm delighted to share our latest program of events and activities. With such a variety on offer, I'm certain there's something that will interest you.

Our regular weekly groups continue to welcome new participants, and there's plenty of new offerings as well.

And, because the number of activities is growing so quickly, we are seeking volunteers to help with managing it all.

Leongatha Community House is a not-for-profit centre where people of all abilities, backgrounds and ages can come together to meet, talk and make friends, develop new skills, transition to work and further study and of course, to volunteer.

"Each week, we run about 20 different groups, classes, or activities, involving approximately 100 people. There's always something different happening, and always something new to respond to. Supporting the various tutors, group leaders, and participants is a big job, and we need more volunteers to help with that. It's very rewarding and a lot of fun!"

If you have a few hours in your week which you could use to volunteer at the House, please contact me; whatever you can offer, you'll be very welcome.

Eunice Donovan  
Coordinator



# program information

We hope to provide a varied and interesting range of program activities to our community. We need to hear from you about what you'd like to participate in, and whether evening classes would be useful for you.

We're currently calling for expressions of interest in the following:

- calligraphy
- spinning yarn
- smash-books/junk journals
- car maintenance for women

Of course, if you have other ideas, or would like to organize an activity yourself, please contact the Coordinator.

## Wanted - Tutors

***Do you have a skill you would like to share as a volunteer tutor or as a paid sessional tutor?***

Give us a call, or drop in to the office, to talk about running a course or workshop.

## PAYMENTS AND REFUNDS

1. Fees may be paid by cash, cheque or direct debit. Direct Debit details are Bendigo Bank BSB: 633-000 Account: 107 338 337. Please include your name and course name in the reference section.
2. Fees include GST and are to be paid 1 week prior to commencement of class.
3. Payment plans are available for all classes; please speak with the co-ordinator when booking.
4. A full refund will be given if a class is cancelled by the Leongatha Community House.
5. If a student withdraws more than 5 working days prior to a class commencing, a refund will be given. An administration fee may be charged.
6. No refund will be given if a student withdraws less than 4 working days before a class commences.
7. No refund will be given if a student withdraws from a class once it has commenced.

# room hire

## USER GROUPS

We are proud to be the chosen "home" for the following groups that meet at the Community House. Additional or new groups are always welcome.

Phone to make a booking.

**Fibre Group** meets on the 4th Sunday at 10:00am

**Leongatha Arts & Crafts Society** meets on the 4th Thursday at 10:00am.

**Leongatha Horticultural Society** meets on the 2nd Thursday at 7:00pm.

**Leongatha Probus Knit & Natter** meets on the 1st Monday at 10:00am

**South Gippsland Labor Branch** meets on the 2nd Tuesday at 7:00pm

**South Gippsland Walking and Adventure Club** meets on the 4th Thursday of every 2nd month at 8:00pm.

**Woorayl Probus Knit & Natter** meets on the 3rd Monday at 10:00am

**South Gippsland Carers Support Group** meets on the 4th Tuesday at 9:30am

**T.O.P.I.C (Take Off Pounds In Company)** meets weekly on Thursdays at 12:30pm

## ROOM HIRE

Rooms are available for hire day or evening. Community (not-for-profits) or business rates will apply.

Seven (7) days cancellation notice for a room booking is required for a refund.

To book a room please contact the House on 5662 3962 or drop in to 16 Bruce Street.

## OTHER SERVICES AVAILABLE

Photocopying, faxing and laminating services, public access to computers, internet and Wi-Fi are all available for small fees.

To use these services please contact the House on 56623962 or drop in to 16 Bruce Street to make a booking.

# general information



The Leongatha Community House

## Jigsaw Library



has a great selection of jigsaws suitable for beginners to more experienced puzzlers. Expand your skills with our extensive range, and have fun at the same time.

Rental periods up to 2 weeks

Rental cost: gold coin donation



Gippsland Farmer Relief Inc.

Leongatha Community House is proud to be a drop-off point for donations to **Gippsland Farmer Relief**.

All donations of non-perishable foodstuffs, hygiene products, and/or cleaning products are gratefully accepted.

Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

To find out more, please call or drop in to the House during open hours.



Neighbourhood Houses  
The heart of our community



Leongatha Community House receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.

# accredited training

Details	Dates	Cost
<p><b><u>Traffic Management (RIIWH302D) &amp; Traffic Control (RIIWH205D)</u></b></p> <p>For people wanting to work in the civil construction industry, local councils and Vic Roads.</p> <p><b>Please note: the traffic controller ticket must be re-sat every 3 years.</b></p>	<p>Saturday 22nd April</p> <p>9:00am – 3:00pm</p>	<p>\$200</p>
<p><b><u>First Aid Level 1 (CPR)</u></b></p> <p>Needs to be completed every 12 months to retain your accreditation.</p> <p>Please wear clothing suitable for practical activities.</p> <p><b>B.Y.O. a pillow or cushion to kneel on</b></p>	<p>Wednesday 3rd May</p> <p>5:00pm - 9:00pm</p>	<p>\$70</p>
<p><b><u>Food Safety Level 1</u></b></p> <p>Designed for those who handle and/or sell food whether in Health &amp; Community Services, Food Processing or the Hospitality Industry. Modules are:</p> <ul style="list-style-type: none"> <li>• <b>SITXFSA101</b> Follow Workplace Hygiene Practices</li> <li>• <b>FDFFS1001A</b> Follow Work Procedures to Maintain Food Safety</li> <li>• <b>HLTFS207C</b> Follow Basic Food Safety Practices</li> </ul>	<p>Thursday 18th May</p> <p>5:00pm - 9:00pm</p>	<p>\$95</p>
<p>Contact the House to discuss other accredited training opportunities including: First Aid Level 2; Food Safety Supervisor; Chainsaw Operations; Chemical Handling; Construction Induction; and more.</p>		

# arts and crafts

Details	Dates	Cost
<p><b><u>Drawing &amp; Painting Group</u></b> (Pat Dale)</p> <p>Do you try to draw or paint at home, but never find the time? Join a friendly group of like-minded people who create paintings or drawings and benefit from the exchange of techniques and ideas.</p>	<p>Tuesday every week</p> <p>10:00am – 12:00pm</p>	<p>\$5</p>
<p><b><u>Scrapbooking</u></b> (Jan Stirling)</p> <p>Share your precious photos in unique and creative ways, and discover the joy of scrapbooking with our talented tutor. Learn the basics of scrapbooking, including tools and techniques, design principles, and more. Be guided to create a beautiful scrapbook page - all materials provided. Or just come along and join other scrapbookers for a fun afternoon.</p>	<p>Wednesday every week</p> <p>1:00pm – 3:00pm</p>	<p>\$10 (including page kit)</p> <p>OR</p> <p>Gold coin donation</p>
<p><b><u>“Exploding Box” - a Mother’s Day surprise gift</u></b> (Sarah Oxley)</p> <p>Fill this fun handmade gift box with your mum’s favourite things for a gift she’ll treasure. Visit the House or our website to view the finished product.</p> <p>All materials provided</p>	<p>Sunday 30th April</p> <p>10:30am - 2:30pm</p>	<p>\$25</p>
<p><b><u>Acrylic Painting for Beginners and Beyond</u></b> (Paul Hendry)</p> <p>Want to try your hand at painting with acrylics? Perhaps you just want some extra tips? Discover the fun of painting with acrylics in our friendly group.</p>	<p>Friday every week</p> <p>10:00am – 12:00noon</p>	<p>\$5</p>

# special events

## ***ANZAC Afternoon Tea***

Wednesday 19th April

2:00pm - 3:30pm

Gold coin donation

Join us for a special afternoon tea to recognize a special Australian event, and to share a cuppa with friends. Everything provided.

## ***Author’s Talk and Book Signing***

Friday 12th May

6:30pm - 7:30pm

Gold coin donation

Paul Hendry is the local author of a newly-published thriller titled **“Payback”**. Join us to hear Paul discuss the joys and disappointments of getting his novel published. Light refreshments provided. Copies of the book will be available for purchase at a cost of \$35.

## ***LCH Supper Market***

Thursday 29th June

5:00pm - 8:00pm

This is our second market, and an opportunity to showcase the skills and creativity of all those who use the House. All the details aren’t finalised yet, but there will be a soup-and-sandwich supper to keep you warm as you browse the market!

## ***Neighbourhood House Week 2017***

Neighbourhood House Week 2017 runs from 8 May to 14 May, and this year’s theme is 'Belonging'. Stay tuned for more details via our Facebook page and website.

# sustainability

Details	Dates	Cost
<p><b><u>Sustainability on a Shoestring: Reduce, repair, reuse, recycle</u></b></p> <p>Do you want to run your household with less waste and less cost? Not quite sure how or where to start? Join us as we work out simple and money-saving ways to put the 4R's into practice in our homes.</p> <p>At the end of each session, you will take home an item or product that you can begin to use immediately in your own home.</p> <p><b>April 28</b></p> <p>Ways to replace plastic wrap in your kitchen; and MYO beeswax covers</p> <p><b>May 12</b></p> <p>Reducing energy costs over winter; and MYO energy audit plan</p> <p><b>May 26</b></p> <p>Reduce your food wastage; and MYO bread bags and vegetable bags</p> <p><b>June 9</b></p> <p>Ways to replace chemical cleaners in your home; and MYO natural cleaning products</p> <p><b>June 23</b></p> <p>Re-fashion your clothing; and MYO sewing kit</p> <p>All materials and equipment will be supplied, but donations will be welcomed!</p>	<p>2nd &amp; 4th Fridays of every month</p> <p>(starting 28th April)</p> <p>9:30am - 12:00noon</p>	<p>\$10 per session</p>

# arts and crafts

Details	Dates	Cost
<p><b><u>Miniature 3D Scene - "Leisure time"</u></b> (Sarah Oxley)</p> <p>Create your very own miniature scene! Visit the House or our website to view the finished product.</p> <p>All materials and tools supplied.</p>	<p>Thursday 13th April</p> <p>10:00am - 3:00pm</p>	<p>\$60</p>
<p><b><u>LCH Knit &amp; Crochet Group</u></b></p> <p>Join this friendly group, BYO lunch and your knitting or crochet project.</p> <p>All welcome!</p>	<p>1<sup>st</sup> Sunday every month</p> <p>10:30am – 3:00pm</p>	<p>Gold coin donation</p>
<p><b><u>LCH Craft in Company</u></b></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and finish them in good company over a cuppa. Share your successes, and/or learn some new skills.</p> <p>All welcome!</p>	<p>Thursday every week</p> <p>10:00am – 12:00noon</p>	<p>Gold coin donation</p>
<p><b><u>Wet Felting for Beginners</u></b> (Coal Creek Spinners Group)</p> <p>Learn this fun technique under the guidance of experienced felt-maker Janice Graham, and create a small felted bowl and flower to take home.</p> <p>All materials and equipment provided.</p>	<p>Thursday 4th May</p> <p>9:30am - 12:30pm</p>	<p>\$25</p>
<p><b><u>Scrapbooking Crop</u></b></p> <p>Get together for a day of scrappy fun! Make-and-takes available; supplies to purchase; techniques to learn; prizes to win; and new friends to make - what could be better?!</p> <p>BYO lunch and snacks; tea/coffee provided</p>	<p>Saturday 13th May</p> <p>9:00am - 5:00pm</p>	<p>\$10 entry</p>

# arts and crafts

Details	Dates	Cost
<p><b>Crochet - Beginners and Beyond</b> (Shahni Hance)</p> <p>Learn the skills of crochet and how to extend your experience so that you too can enjoy this relaxing craft.</p>	<p>Wednesday for 5 weeks (19th Apr - 17th May)</p> <p>7:00pm - 9:00pm</p>	\$75
<p><b>Mosaics for Beginners</b> (Susanne Naudi)</p> <p>Learn how to cut and place tiles, and come away with a completed project. Some materials and all equipment provided.</p> <p><b>Bookings Essential: only 4 places available</b></p>	<p>Tuesday 13th June</p> <p>9:30am – 3:00pm</p>	\$55
<p><b>Clothesline Project: Beautiful Bra's</b></p> <p>Beading, lace, paint, embroidery, applique - let your imagination go wild, and join us for a morning of laughter and fun.</p> <p>We're decorating bra's that will form part of a display for the Clothesline Project, an annual family violence prevention initiative facilitated by Gippsland Community Legal Service.</p>	<p>Friday 9th June</p> <p>10:00am - 12:30pm</p>	Gold coin donation
<p><b>Wet Felting for Children</b> (Coal Creek Spinners Group)</p> <p>Create a felted picture which can be pinned straight onto a wall or mounted on the canvas provided.</p> <p>Felting kit and equipment provided.</p> <p>Bring an old towel and preferably an apron or overall</p> <p>For children aged 8 years and over .</p> <p><b>Note: parental/guardian approval required</b></p>	<p>Wednesday 5<sup>th</sup> April 2017</p> <p>10:00am - 12:00noon</p>	\$22

# legal and life matters

Details	Dates	Cost
<p><b>Legal Information Sessions</b></p> <p>This series of free information sessions is made possible by the generous sponsorship of Ian Symonds and Associates.</p> <p><b>April 11</b></p> <ul style="list-style-type: none"> <li>Understanding the different models of retirement/aged care accommodation</li> <li>Advance Care Planning process and document</li> <li>Wills &amp; Powers Of Attorney</li> </ul> <p><b>May 8</b></p> <ul style="list-style-type: none"> <li>Grandparents' "rights" in family law matters</li> <li>Wills &amp; Powers Of Attorney</li> </ul>	<p>Tuesday 11th April</p> <p>AND</p> <p>Tuesday 9th May</p> <p>9:30am - 10.30am</p>	FREE
<p><b>Money Management for Women</b></p> <p>Build your skills, knowledge and confidence in managing your money in a private and confidential environment</p> <p>Based on the <i>MoneyMinded</i> program, topics include:</p> <ul style="list-style-type: none"> <li>Discover your attitude to money</li> <li>Needs, wants, and leaks</li> <li>Set goals</li> <li>Build a budget that works</li> <li>Banking options</li> <li>Managing debt and credit</li> </ul> <p>Tools and informational material supplied.</p>	<p>Tuesdays for 8 weeks (2nd May - 20th June)</p> <p>1:30pm - 2:30pm</p>	FREE

# hobbies and skills

Details	Dates	Cost
<p><b><u>Photography for Beginners</u></b> (Roy Fisher)</p> <p>Learn the tricks of the trade from a former professional photographer in a fun and relaxing class. You'll be amazed how much more enjoyable your photography will become.</p> <p>BYO Camera</p>	<p>Tuesday for 6 weeks</p> <p>2nd May - 6th June</p> <p>7.00pm - 9.00pm</p>	\$85
<p><b><u>LCH 500 Card Group</u></b></p> <p>Whether you're new to the game, or you've played before, come along and enjoy the intricacies of 500.</p>	<p>Friday every week</p> <p>10:00am – 12:00pm</p>	Gold coin donation
<p><b><u>LCH Solo Card Group</u></b></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday AND Friday every week</p> <p>1:00pm – 4.30pm</p>	Gold coin donation
<p><b><u>Creative Writing</u></b> (Paul Hendry)</p> <p>Have you ever wanted to write your autobiography, some poetry, or a story? Let published author, Paul Hendry, show you how and help you to write things that are interesting and that other people will enjoy reading.</p> <p>BYO writing materials</p>	<p>Thursday every week (starting 27th April)</p> <p>4:00pm - 6:00pm</p>	Gold coin donation
<p><b><u>Family History Matters</u></b></p> <p>(South Gippsland Genealogical Society)</p> <p>Learn tips and tricks to get the most from your family history research.</p> <ul style="list-style-type: none"> <li>• 13th April: Organising your research</li> <li>• 11th May: Accurate citations</li> <li>• 8th June: Research plans</li> </ul>	<p>2nd Thursday of each month</p> <p>5:00pm - 7:00pm</p>	\$11 per session

# computers & technology

Details	Dates	Cost
<p><b><u>Photography with Mobile Phones</u></b> (Sarah Tesch)</p> <ul style="list-style-type: none"> <li>• <b>SmartPhone Photography:</b> tips &amp; tricks for getting the best from your SmartPhone camera</li> <li>• <b>Instagram for Beginners:</b> learn about Instagram, how to upload photos, how to share photos, etc.</li> <li>• <b>Instagram for Advanced Users:</b> tag your location, advanced editing tips, videos, and more.</li> </ul> <p>BYO SmartPhone</p>	<p>Wednesdays for 3 weeks</p> <p>(19th May - 3rd June)</p> <p>10:00am - 12:00noon</p>	\$33
<p><b><u>Computers for Beginners</u></b> (Barbara Florey)</p> <p>This course will help you understand, in plain language, what a computer does and how it works. You will learn about the types of computers available, the difference between "hardware" and "software", and how to set up your own computer. Find out more about Windows 10, apps, the cloud, and a whole lot more!</p> <p>For Windows-based computers only.</p> <p><b>Bookings essential: only 5 places available!</b></p>	<p>Tuesdays for 6 weeks (2nd May - 6th June)</p> <p>9:30am – 12:30pm</p>	\$95
<p><b><u>Know your iPad</u></b> (Sarah Oxley)</p> <p>Find your way around your iPad, and learn to use your device with confidence.</p>	<p>Saturdays for 2 weeks</p> <p>6th - 13th May</p> <p>10:00am - 12:00noon</p> <p><b>OR</b></p> <p>17th - 24th June</p> <p>1:00pm - 3:00pm</p>	\$44

# computers & technology

Details	Dates	Cost
<p><b><u>Know your Android Tablet</u></b> (Sarah Oxley)</p> <p>Find your way around your android Tablet, and learn to use your device with confidence!</p>	<p>Saturdays for 2 weeks</p> <p>6th - 13th May</p> <p>1:00pm - 3:00pm</p> <p><b>OR</b></p> <p>17th - 24th June</p> <p>10:00am - 12:00noon</p>	\$44
<p><b><u>Internet for Beginners</u></b> (Barbara Florey)</p> <p>Learn how to use the Internet safely and securely.</p> <p><b>Bookings essential: only 5 places available</b></p>	<p>Thursdays for 3 weeks</p> <p>(25th May - 8th June)</p> <p>9:30 am - 11:30am</p>	\$55

# health

Details	Dates	Cost
<p><b><u>Women who Thrive Support Group</u></b></p> <p>For women who have lived through violence, for women who want to not just "survive" but thrive - this group is for you!</p> <p>In safe company, discover the ways that our shared stories can be the springboard to fulfilling and joy-filled lives.</p>	<p>Monday every week</p> <p>(starting 24th April)</p> <p>7:30pm - 8:30pm</p>	Gold coin donation
<p><b><u>LCH Walking Group</u></b></p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town. Leave from the Community House.</p>	<p>Wednesday every week</p> <p>9:00am (for approx. 1 hr)</p>	Free

# health

Details	Dates	Cost
<p><b><u>Leongatha Pain Support Group</u></b></p> <p>You no longer have to suffer chronic pain alone. Learn more about managing chronic pain, share your experiences and knowledge with others, and improve your quality of life.</p> <p>Leongatha Pain Support Group is supported by the Australian Pain Management Association</p>	<p>Wednesday every week</p> <p>10:00am - 12:00noon</p>	Gold coin donation
<p><b><u>Meditation, mindfulness and movement</u></b> (Bronwyn Davis)</p> <p>Would you like a break away from the every day?</p> <p>Let instructor Bronwyn take you on a journey of introspection and self reflection, with unique guided visual meditation and energy work that will help you tap into your infinite potential and open up a new world of possibilities. You'll find your own personal 'happy place' and learn various energy healing principles to bring a sense of wellbeing, harmony and balance to your life.</p> <p>Please wear comfortable clothing. BYO pillow and blanket.</p>	<p>Monday every week</p> <p>(starting 24th April)</p> <p>5:30pm - 7:00pm</p>	<p>\$18 per session</p> <p><b>OR</b></p> <p>\$15 per session if you book &amp; pay for a block of 4 or more sessions</p>
<p><b><u>Food Lovers Club</u></b></p> <p>Do you love food, sharing recipes, and trying new tastes? Join our Food Lovers Club. Just bring along a plate of food, add it to the table, and let others try it out. Share recipes, learn tips and tricks, meet new friends, and discover new foods for your meals at home.</p>	<p>1st Tuesday of every month</p> <p>(starting 2nd May)</p> <p>12:00noon - 1:30pm</p>	Gold coin donation